

October Rules Education



Olympic Sports

October 9, 2014

Agenda

- A. Recruiting Calendars
- B. NLIs
- C. CARAs
- D. Awards and Benefits
- E. Interps
- F. Trivia Questions

Recruiting Calendars

Contact Period

- Softball
- Baseball
- Cross Country / Track & Field
- Court Volleyball
- Sand Volleyball
- Tennis
- Golf
- Soccer

AWARDS & BENEFITS

- The following may be provided and financed by institution:
 - Academic support services (counseling/tutoring).
 - Career counseling services.
 - Personal development services.
 - Medically related expenses and services.
 - Legal representation (actual and necessary expenses).
- The following may not be provided by institution:
 - Expenses related to initial or transfer-eligibility requirements (i.e., tutoring or test preparation).

AWARDS & BENEFITS – FRIENDS AND FAMILY

- The following may be provided to SA's friends and family:
 - Expenses for spouse/children to attend one round of NCAA championship in which SA is a participant.
 - Reserved lodging at any non-conference postseason event at a reduced rate (cannot cover any portion of the cost).
 - Transportation, housing, and meal expenses related to the injury, illness, or death of a SA.
 - Commercial company or community organization may provide expenses for SA and family to attend national team competition in which SA is a participant.
 - Reasonable food/drinks on occasional basis.
 - Complimentary admissions to institutional awards banquet.

AWARDS & BENEFITS – OUTSIDE ORGANIZATIONS

- Nationally recognized services organizations and religious groups may underwrite A&N expenses of SAs attending encampments (institution may not).
- High school may provide SA with A&N expenses if he or she is student-teaching in a city outside Atlanta, provided that school similarly provides expenses for all student-teacher trainees.
- SA may accept transportation and meal expenses in conjunction with luncheon meeting of booster club or civic organization within 30-mile radius of campus.
- SA may accept complimentary admission to pro sports contest in which SA or team is being recognized (pro team may promote the event to the general public).

NLI Signing Periods

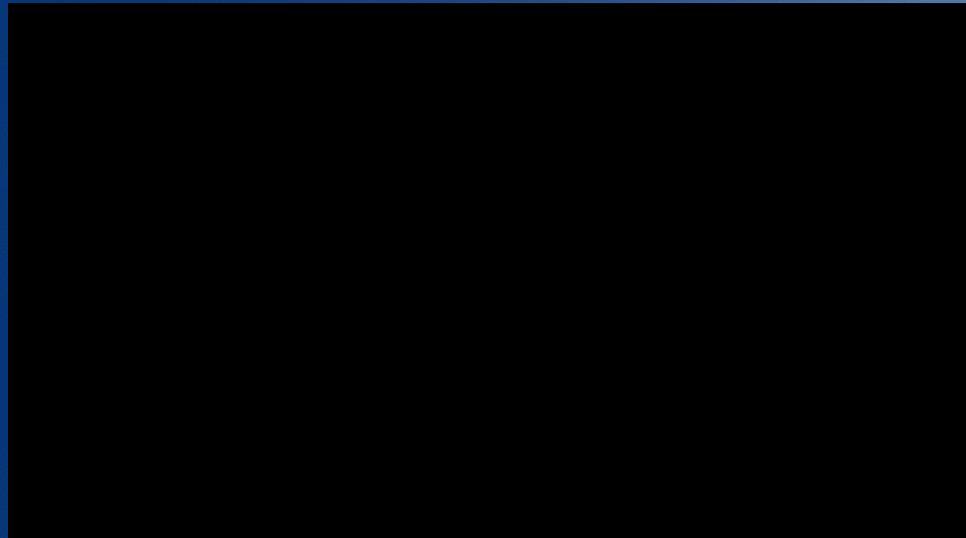
Early Signing Period: November 12th-19th

- Golf
- Volleyball
- Softball
- Baseball
- Tennis
- Women's Track & Field / Cross Country

What happens if I attend a two-year college after signing an NLI?



Does an NLI become null and void?



CARA TIME LIMITATIONS

- During the playing season:
 - No more than four (4) hours per day.
 - Twenty (20) hours total per week.
 - Exception: A practice round of golf prior to competition may exceed four (4) hours per day, this will count as three (3) hours regardless of actual duration.
 - Preseason practice.
 - Vacation periods and between terms.
 - One (1) day “off” per week
 - Exception: Conference or Postseason tournament and NCAA Championships.

CARA TIME LIMITATIONS

- Out of the playing season (during the academic year):
 - Eight (8) hours total per week with no more than two (2) spent on skill-related workouts).
 - Two (2) days “off” per week.

CARA TIME LIMITATIONS

- NO class time may be missed at any time during ANY term for practice activities (except while traveling to an away-from-home contest).
- NO CARAs may occur between midnight and 5 AM.
 - Exceptions:
 - During participation in a Conference or NCAA Championship;
 - If competition begins before midnight; or
 - Participation in a promotional activity.

COUNTABLE ACTIVITIES

- Practices
 - When required and observed by a coach.
- Athletic Meetings
 - When initiated/required by coach (end of season meetings included).
- Competition and associated activities – always count as three (3) hours.
- Field, floor, or on-court/field/sand activities.
- Setting up defensive/offensive alignment.

COUNTABLE ACTIVITIES

- On court/field/sand activities called by a member of the team, confined to the team (if entire team is taking part) at the direction of a Coach.
- Required weight/conditioning activities.
- Required participation in campus/clinics.
- Visiting competition site (XC and Golf Only).
- Discussion/review of game film.

NONCOUNTABLE ACTIVITIES

- Compliance meetings.
- Meetings with coach initiated by student-athlete, provided to athletically related activities take place.
- CHAMPS/Life kills or educational meetings.
- Study hall, tutoring, and/or academic meetings.
- SAAC meetings.

NONCOUNTABLE ACTIVITIES

- Voluntary Athletically Related Activities
 - MUST be initiated by student-athlete.
 - No coaches can be present (i.e., skill instruction, observation).
 - Student-athletes, strength coach, trainer, manager must not be required to report any information back to the coach or any other athletic department staff members.

TRANSCRIPT EVALUATIONS

Reminders:

- Coaching staff must e-mail me after uploading transcripts to JumpForward.
- Need transcripts from all institutions directly (for both high school students and college transfers).
- Please make sure copy is readable (no copy and paste).

TRIVIA QUESTION

- Name at least three (3) benefits we may provide a student-athletes family and/or friends.

QUESTIONS?



Interpretation - 10 Interpretations

Title:

Undergraduate Student Assistant Coach in Other Sports (I)

Date Published: September 29, 2014

Type: Staff Interpretation

Item Ref: b

Interpretation:

The academic and membership affairs staff determined that a student-athlete who has exhausted his or her eligibility or has become injured to the point that he or she is unable to practice or compete ever again, but whose five-year period of eligibility has not expired, may serve as an undergraduate student assistant coach only in the sport in which he or she participated at the institution. If the student-athlete's five-year period of eligibility has expired, he or she may serve as an undergraduate student assistant coach in any sport at the institution where he or she most recently participated in intercollegiate athletics.

[Reference: NCAA Division I Bylaw 11.01.4 (undergraduate student assistant coach)]

See Also Issued by Staff: 9/4/14 Approved by LRIC: 9/25/14 **References**

Legislative References			Other
Div.	Number	Title	
I	11.01.4	Coach, Undergraduate Student Assistant.	

Title:

Foreign Tour Prior to Nonchampionship Segment (I)

Date Published: September 19, 2014

Type: Staff Interpretation

Item Ref: a

Interpretation:

The academic and membership affairs staff determined that in sports in which the playing season may be divided into two segments, the prohibition against a foreign tour during the 30 days prior to the championship segment is not applicable to a segment that does not conclude with the NCAA championship regardless of whether NCAA championship selection is based on competition throughout the season, provided the institution declares that segment as a nonchampionship segment.

[References: NCAA Bylaws 17.29.1.2 (timing of tour) and 17.29.1.2.2 (prohibition prior to championship segment)]

See Also Issued by Staff: 9/4/14 Approved by LRIC: 9/18/14 **References**

Legislative References			Other
Div.	Number	Title	
I	17.29.1.2.2	Prohibition Prior to Championship Segment.	
I	17.29.1.2	Timing of Tour.	

Title:

Core-Course Requirements -- Duplicative Course Work (I)

Date Published: September 3, 2014

Type: Staff Interpretation

Item Ref: a

Interpretation:

The academic and membership affairs staff confirmed that duplicative courses shall not be used to meet NCAA initial-eligibility requirements.

[References: NCAA Bylaws 14.3.1.2 (core-curriculum requirements) and 14.3.1.2.8 (repeat courses); and a staff interpretation (12/13/2000, item a), which has been archived]

References

Legislative References			Other
Div.	Number	Title	
I	14.3.1.2.8	Repeat Courses.	References Interpretations: 1
I	14.3.1.2	Core-Curriculum Requirements.	Interpretations: 1

Title:

Eligibility of Continuing Student-Athlete for Foreign Tour (I)

Date Published: August 22, 2014

Type: Staff Interpretation

Item Ref: a

Interpretation:

The academic and membership affairs staff determined that a continuing student-athlete who was not enrolled in the institution during the previous academic year (e.g., a student-athlete on an official religious mission), is eligible to participate on the institution's foreign tour during the subsequent summer, provided the student-athlete was eligible for intercollegiate athletics in his or her most recent academic year of enrollment at the certifying institution.

[References: NCAA Division I Bylaws 17.29.1.4 (eligibility of student-athletes), and staff interpretation (03/26/93, Item No. c) which has been archived]

See Also Issued by Staff 8/14/14 Approved by LRIC 8/21/14 **References**

Legislative References			Other
Div.	Number	Title	References Interpretations: 1
I	17.29.1.4	Eligibility of Student-Athletes.	Interpretations: 1

Title:

Coaches Involvement with a Student-Athlete During Participation in National Team Tryout Competition Events (I)

Date Published: July 28, 2014

Type: Staff Interpretation

Item Ref: a

Interpretation:

The academic and membership affairs staff determined that a coaching staff member may engage in coaching activities with a student-athlete during a student-athlete's participation in national team tryout competition events that occur outside the playing season for a particular sport.

[References: NCAA Division I Bylaws 17.1.1.1 (playing season – athletically related activities) and 16.8.1.2 (other competition)]

See Also Issued by Staff 7/10/14 Approved by LRIC 7/24/14 **References**

Legislative References			Other
Div.	Number	Title	
I	17.1.1.1	Playing Season -- Athletically Related Activities.	
I	16.8.1.2	Other Competition.	

Title:

Involvement of Coaching Staff with Student-Athletes on Another of the Institution's Teams (I)

Date Published: July 28, 2014

Type: Staff Interpretation

Item Ref: b

Interpretation:

The academic and membership affairs staff determined an institutional coaching staff member may coach an outside team that includes student-athletes from the same institution who are not members of the coach's team provided the coaching is not performed at the direction of the student-athletes' coach and any information related to the student-athletes' participation is not reported back to the student-athletes' coach.

[References: NCAA Division I Bylaw 17._.8.1.2.1 (involvement of coaching staff); staff interpretations (06/25/93, Item No. a), (02/19/92, Item No. a), and (09/21/88, Item No. s)]

See Also Issued by Staff 7/3/14 Approved by LRIC 7/24/14 **References**

Legislative References			Other
Div.	Number	Title	References Interpretations: 3
I	17.15.9.1.2.1	Involvement of Coaching Staff.	
I	17.13.8.1.2.1	Involvement of Coaching Staff.	
I	17.2.8.1.2.1	Involvement of Coaching Staff.	
I	17.3.8.3	Involvement of Coaching Staff.	
I	17.4.8.1.2.1	Involvement of Coaching Staff.	
I	17.5.8.1.2.1	Involvement of Coaching Staff.	
I	17.6.9.1.2.1	Involvement of Coaching Staff.	
I	17.7.9.1.2.1	Involvement of Coaching Staff.	
I	17.8.8.1.2.1	Involvement of Coaching Staff.	
I	17.10.8.1.2.1	Involvement of Coaching Staff.	
I	17.11.9.1.2.1	Involvement of Coaching Staff.	
I	17.12.8.1.2.1	Involvement of Coaching Staff.	
I	17.14.9.1.2.1	Involvement of Coaching Staff.	
I	17.18.9.1.2.1	Involvement of Coaching Staff.	
I	17.19.8.1.2.1	Involvement of Coaching Staff.	
I	17.20.8.1.2.1	Involvement of Coaching Staff.	
I	17.21.9.1.2.1	Involvement of Coaching Staff.	
I	17.22.8.1.2.1	Involvement of Coaching Staff.	
I	17.23.9.1.2.1	Involvement of Coaching Staff.	
I	17.25.13.1.2.1	Involvement of Coaching Staff.	
I	17.26.9.1.2.1	Involvement of Coaching Staff.	
I	17.27.9.1.2.1	Involvement of Coaching Staff.	
I	17.16.8.1.2.1	Involvement of Coaching Staff.	
I	17.17.8.1.2.1	Involvement of Coaching Staff.	
I	17.24.9.1.2.1	Involvement of Coaching Staff.	

Title:

Eligibility for Foreign Tour If Ineligible During a Term of the Previous Academic Year (I)

Date Published: May 15, 2014

Type: Staff Interpretation

Item Ref: c

Interpretation:

The academic and membership affairs staff determined that a student-athlete who is eligible for any term during the previous academic year at the certifying institution would be eligible to compete in the institution's foreign tour taken during the summer immediately following that same academic year. For example, if a student-athlete is eligible in the fall term at the certifying institution, but not eligible in the spring term of the same academic year, the student-athlete would be eligible to compete in the institution's summer foreign tour taken during the summer after the conclusion of the preceding academic year.

[References: NCAA Division I Bylaws 14.5.1 (residence requirement -- general principle); 17.28.1.4 (eligibility of student-athletes) and a staff interpretation (4/2/08 Item No. a) that has been archived]

See Also Issued by Staff 5/9/14 Approved by LRIC 5/15/14 **References**

Legislative References			Other
Div.	Number	Title	References Interpretations: 1
I	14.5.1	Residence Requirement -- General Principle.	Interpretations: 1
I	17.29.1.4	Eligibility of Student-Athletes.	

Title:

Graduate Transfer Student-Athlete's Participation in Summer Athletic Activities (I)

Date Published: May 15, 2014

Type: Staff Interpretation

Item Ref: b

Interpretation:

The academic and membership affairs staff determined that an incoming four-year transfer student-athlete may participate in summer athletic activities without being enrolled in summer school prior to initial full-time enrollment at the certifying institution, provided:

- (a) The individual has graduated from his or her previous institution;
- (b) The individual has been accepted for enrollment as a graduate student at the certifying institution; and
- (c) The individual has signed the certifying institution's written offer of admission and/or financial aid or the institution has received the individual's financial deposit in response to the institution's offer of admission.

[References: NCAA Division I Bylaws 13.02.12 (prospective student-athlete); 13.02.12.1 (exception -- after commitment) 14.1.6.1 (admission); 17.1.6.2.1.5 (summer athletic activities) 17.1.6.2.1.5.1 (basketball); 17.1.6.2.1.5.2 (football); 17.1.6.2.1.5.3 (exception to summer school enrollment -- academic requirements -- basketball and football); and 17.1.6.2.1.5.3.1 (application to transfer student-athletes) and a staff interpretation (3/15/13, Item No. a)]

See Also Issued by Staff 5/9/14 Approved by LRIC 5/15/14 **References**

Legislative References		
Div.	Number	Title
I	14.1.1	Admission.
I	17.1.7.2.1.5	Summer Athletic Activities.
I	17.1.7.2.1.5.3	Exception to Summer School Enrollment -- Academic Requirements -- Basketball and Football.
I	13.02.12	Prospective Student-Athlete.
I	13.02.12.1	Exception -- After Commitment.
I	17.1.7.2.1.5.3.1	Application to Transfer Student-Athletes.
I	17.1.7.2.1.5.1	Basketball.
I	17.1.7.2.1.5.2	Football.

Other
R e f e r e n c e s
Interpretations: 1

Title:

Coaching Clinic Sponsored by a Recruiting or Scouting Service (I)

Date Published: May 9, 2014

Type: Official Interpretation

Item Ref: 1

Interpretation:

The committee determined that an athletics department staff member may not be employed (either on a salaried or a volunteer basis) in any capacity by a coaches clinic established, sponsored or conducted by an individual or organization that provides recruiting or scouting services concerning prospective student-athletes, even if prospective student athletes are not involved in the coaches clinic.

[References: NCAA Division I Bylaw 13.12.2.3.1 (camp/clinic providing recruiting or scouting service) and staff interpretation (04/01/11, Item No. a)]

References

Legislative References		
Div.	Number	Title
I	13.12.2.3.1	Camp/Clinic Providing Recruiting or Scouting Service.

Other
References Interpretations: 1

Title:

Meeting with a Sports Psychologist Outside the Playing Season (I)

Date Published: May 15, 2014

Type: Staff Interpretation

Item Ref: a

Interpretation:

The academic and membership affairs staff determined that an institution may require a student-athlete to meet with a sports psychologist as a permissible out-of-season conditioning activity, provided the time engaged in the sessions are included in the maximum limit of eight hours per week for countable athletically related activities outside the playing season.

In addition, in bowl subdivision football, the sports psychologist would not have to count as one of the five strength and conditioning coaches permitted to work with the football program in any capacity.

[References: NCAA Division I Bylaws 11.7.1.1.1 (countable coach); 11.7.1.1.1.1 (noncoaching activities); 11.4.1.1.1.4 (use of outside consultants); 11.7.2.1.1 (weight or strength coach); 17.02.1 (countable related activities); 17.1.6.2 (weekly hour limitations -- outside the playing season); and a staff interpretation (7/2/03, Item No. 1a)]

See Also Issued by Staff 4/30/14 Approved by LRIC 5/15/14 **References**

Legislative References			Other
Div.	Number	Title	References Interpretations: 1
I	17.02.1	Countable Athletically Related Activities.	
I	17.1.7.2	Weekly Hour Limitations -- Outside the Playing Season.	
I	11.7.1.1	Countable Coach.	



Quick Reference Guide to the NLI

This reference guide is intended to be a resource. Additional NLI regulations and procedures are located at www.national-letter.org.

Signing Dates for 2015-16 Enrollment

Basketball (Early Period)
November 12, 2014-
November 19, 2014

Basketball (Regular Period)
April 15, 2015 -
May 20, 2015 (Division I)
August 1, 2015 (Division II)

Football (Midyear JC Transfer)
December 17, 2014 - January 15,
2015

Football (Regular Period)
February 4, 2015-
April 1, 2015

Soccer and Men's Water Polo
February 4, 2015-
August 1, 2015

All Other Sports (Early Period)
November 12, 2014-
November 19, 2014

All Other Sports
(Regular Period)
April 15, 2015 -
August 1, 2015

What is the National Letter of Intent (NLI)?

The NLI is a binding agreement between a prospective student-athlete and an NLI member institution.

- Prospective student-athlete agrees to attend the institution full-time for one academic year (two semesters or three quarters).
- Institution agrees to provide athletics financial aid for one academic year (two semesters or three quarters).

Basic Penalty for not fulfilling the NLI agreement: Serve one year in residence (full-time two semesters or three quarters) at the next NLI member institution and lose one season of competition in all sports.

Valid NLI

NLI must be accompanied by an athletics financial aid agreement (aid from an athletics source).

NLI must include the NCAA ID. The NCAA ID will be available to the prospective student-athlete once registered with the NCAA Eligibility Center and will be available to the institution once the prospective student-athlete is placed on the Institutional Request List (IRL). All junior college prospective student-athletes must also have an NCAA ID included on the NLI.

NLI may not be signed prior to the signing dates for the applicable sport.

NLI must include a parent or legal guardian signature if the prospective student-athlete is under the age of 21, regardless of marital status.

The Conference Office validates the NLI to ensure the NLI and athletics aid agreement are complete and meet all NLI and NCAA requirements.

How does the institution process the NLI?

Institution issues an NLI and offer of athletics aid to the prospective student-athlete.

Prospective student-athlete then signs two copies; returns one to institution and keeps one.

- Must be signed within 7 days of issuance date. (7 day deadline does not apply when 7 days are not left in the signing period)

Institution verifies required information and sends to its Conference Office for validation.

- Must be filed with the Conference within 14 days of final signature.

Approximately 42,000 prospective student-athletes sign NLI's to attend NCAA Division I or II institutions. Less than two percent request a release.

Coaching Change

A prospective student-athlete signs an NLI with an institution. If the coach leaves, the NLI signee is still bound by the provisions of the NLI.

What is the Recruiting Ban? Other institutions must respect the prospective student-athlete's NLI signing by ceasing all communication.

The recruiting ban remains in effect until the prospective student-athlete enrolls at the signing institution. Once enrolled, the student-athlete is governed by NCAA recruiting regulations.

If the prospective student-athlete does not enroll at the signing institution, the recruiting ban will be lifted after the institution's academic year has elapsed (e.g., prospective student-athlete signs during 2014-15, recruiting ban applies through the end of the 2015-16 academic year).

How is the NLI declared null and void?

- Denied admission.
- Does not meet NCAA, institutional or conference eligibility requirements.
- One-Year Absence.
 - Signee does not enroll (two-year or four-year institution) for at least one academic year and the scholarship (in its same amount) is no longer available. Also applies to a signee who serves in the U.S. Armed Forces or Church Mission for one year. NLI remains binding if the scholarship (in its same amount) is available.
- Discontinued Sport.
 - Sport is no longer offered, includes student-athletes who are already enrolled.
- Recruiting Rules Violation.
 - NLI may be declared null and void if the violation is substantiated and prompts the need for reinstatement by the NCAA staff. It is the prospective student-athlete's choice to null and void the NLI under these circumstances.

Contact the NLI Office:

317-223-0706 (phone)
317-968-5105 (fax)
www.national-letter.org



How can a signee be released from the NLI?

Release Request:

A request for release must be initiated by the NLI signee by submitting the NLI Release Request online.

An institution may release a signee from his or her NLI obligation by selecting the "Complete Release" option on the NLI Release Request. It is the institution's discretion to grant a release or not.

The NLI release is not the same as NCAA permission to contact (e.g., releases cannot include conditions to be released to specific institutions).

Appeal Process:

For consideration of an appeal, the signee must present extenuating circumstances to the NLI Committee.

Completing a playing season does not fulfill the NLI obligation. The entire academic year at the signing institution must be completed.

4-4 transfers are no longer prospective student-athletes. Four-year transfers shall not sign NLIs, including international transfers.

The NCAA manages the daily operations of the NLI program while the Division I Collegiate Commissioners Association provides governance oversight.

NLI Membership

644 NCAA Division I and II institutions are NLI members.

Not NLI members:

Ivy League, Service Academies, Division III institutions, NAIA institutions, preparatory schools and junior colleges.

All members of the NLI program are required to offer athletics scholarships.

Coaching Contact Prohibited at Time of Signing

A coach or institutional representative may not hand deliver the NLI off campus or be present off campus at the time of signing. The NLI may be delivered by express mail, courier service, regular mail, e-mail or fax. An NLI submitted to an institution by electronic means is permissible.

An institution is not permitted to provide any release agreements to the prospective student-athlete prior to signing.

The NLI penalty does not preclude a student-athlete from receiving athletics aid or practicing while serving the one academic year of residence for the NLI penalty.

Early Signing Period Penalties

Prospective student-athletes who will participate in football are prohibited from signing an NLI during the early signing period (November). A student who signs an NLI during the early period in a sport other than football will be ineligible for practice and competition in the sport of football during the student's first year of enrollment at an NLI member institution, and shall forfeit one season of competition in the sport of football.

In circumstances where a student's primary sport is not football, but anticipates participating in football, the student should delay signing an NLI until either the football signing period or during the regular signing period for all other sports.

Enrollment in a Junior College (Two-Year College) - After Signing an NLI

If a prospective student-athlete signs an NLI and later attends a junior college, the prospective student-athlete would have to graduate from the junior college under the following conditions:

- To satisfy NCAA 2-4 or 4-2-4 transfer rules, if necessary to meet NCAA, conference or institutional regulations.
- To fulfill a previously signed NLI. In this case, the previous NLI is considered fulfilled if the prospective student-athlete graduates from the junior college. The NLI can be signed prior to graduation.

Enrollment in a Junior College (Two-Year College) - No Previously Signed NLI

If a prospective student-athlete did not sign an NLI prior to enrolling at a junior college, he or she is permitted to sign while attending a junior college.

The following rule applies for Division I:

A nonqualifier 2-4 transfer is not permitted to sign an NLI in the first year of junior college enrollment. A nonqualifier in the first year of enrollment does not meet the NCAA requirement to receive athletics aid until attending the junior college for at least three semesters or four quarters.

Athletics Aid Agreement

An NLI must be accompanied by an athletics aid agreement. A prospective student-athlete not receiving athletics aid is not permitted to sign an NLI. If the prospective student-athlete declines the athletics aid in order to receive other institutional aid, the NLI must be declared null and void. The athletics aid agreement is subject to NCAA rules.

If NLI is declared **null and void** or a **complete release** is granted, a prospective student-athlete is **not permitted** to sign another NLI until the next signing year.

If NLI is declared **invalid**, a prospective student-athlete **is permitted** to sign another NLI during the same signing year.

If a prospective student-athletes signs an NLI for enrollment in the upcoming academic year, but decides to not enroll, the NLI remains binding.